

# Matsedel Skola

Vecka 49

2025-12-01 - 2025-12-05

## Måndag 1/12

|         |                                    |                                                                                     |                  |
|---------|------------------------------------|-------------------------------------------------------------------------------------|------------------|
| Lunch 1 | Hemlagad grönsakspytt, vitlöksmeze |  | 0,24 CO2<br>ekv. |
| Lunch 2 | Taco mac 'n' cheese                |  | 0,49 CO2<br>ekv. |

## Tisdag 2/12

|         |                                         |                                                                                                                                                                         |                  |
|---------|-----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|
| Lunch 1 | Ost och broccolilåda, mjuk grov smörgås |                                                                                      | 0,39 CO2<br>ekv. |
| Lunch 2 | Kockens fiskgratäng, potatis            |   | 0,35 CO2<br>ekv. |

## Onsdag 3/12

|         |                                     |                                                                                                                                                                           |                  |
|---------|-------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|
| Lunch 1 | Vegetarisk à la Stroganoff, kornris |                                                                                        | 0,31 CO2<br>ekv. |
| Lunch 2 | Korvgryta à la Stroganoff, pasta    |   | 0,33 CO2<br>ekv. |

## Torsdag 4/12

|         |                                           |                                                                                                                                                                                                                                                                   |                  |
|---------|-------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|
| Lunch 1 | Chili sin carne, kokt potatis, nachochips |                                                                                                                                                                              | 0,28 CO2<br>ekv. |
| Lunch 2 | Chili con carne, kornris, nachochips      |    | 1,52 CO2<br>ekv. |

## Fredag 5/12

|         |                                          |                                                                                                                                                                             |                  |
|---------|------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|
| Lunch 1 | Vegonuggets, currydipp, klyftpotatis     |                                                                                        | 0,24 CO2<br>ekv. |
| Lunch 2 | Chicken nuggets, currydipp, klyftpotatis |   | 0,31 CO2<br>ekv. |